

SARATOGA COUNTY MAPLEWOOD MANOR

SPRING 2011 NEWSLETTER

DISCUSSION GROUP

Maplewood Manor invites you to a free monthly discussion group on the aging, long term illness and death of a loved one. Patricia A. Nugent will read excerpts from her book, **They Live On: Saying Goodbye to Mom and Dad.** A discussion will follow for participants to share their experiences in caring for and losing a loved one. Please join us on the second Wednesday of the month from 5:30-7:00 pm in our Main Activity Room at 149 Ballston Avenue in Ballston Spa. Refreshments will be served.

May 11, 2011

The Second Time: Finding Your Way as an Adult Orphan

June 8, 2011

They Live On: True Stories of Contact after a Loved One Passes

For more information, contact Erica O'Brien, Director of Social Work at 885-2288 ext. 4523 or email Ms. Nugent at info@theyliveon.org.

ACTIVITIES DEPARTMENT

Upcoming Events:

Book Fair- Thursday, April 21, 2011 in the Main Activity Room.

Annual Festival & Fundraiser- Maplewood Manor will be holding our annual party/fund raising event on Wednesday, June 15, 2011 from 10:00 a.m. - 4:00 p.m., at the facility. The theme this year, as in years past, is "Country Fest/USA Day" and we encourage everyone to attend and participate by wearing your best country western and/or patriotic attire. "Country Fest/ USA Day" is a special, enjoyable social party for our residents and their guests. It is also the major fundraising event for the year for the residents' "Special Events Fund" which is supported solely by our fundraising efforts. This fund is our financial source for entertainment, holiday items, and a multitude of other things the resident's themselves vote on and deem necessary or desirable.

Maplewood Manor is our county Nursing Home and home to 277 seniors. As future members of the senior community, we would like to ask for your assistance with this event. In light of the current economic challenges, this has been especially necessary in the last few years. All donations are greatly appreciated (monetary or otherwise) and will be used either in or for our Chinese Auction (gift certificates/ baskets, etc.) or our White Elephant Sale (plants, gifts, crafts, and gently used items.) We will also gladly accept any bake sale items on Monday, 6/13/11 and Tuesday, 6/14/11.

We would be happy to pick up any items or gift certificates. Please call our Activities Department at (518)885-2288 ext. 4562 and we can arrange for a staff member to visit you. You may also drop off or send any donations directly to the facility at 149 Ballston Avenue, Ballston Spa, NY 12020.

As you are aware, the generator raffle that will be drawn on "Country Fest/USA Day" is already on display in the lobby and tickets are being sold through the receptionist. We will start putting baskets together as soon as we begin receiving donations and they will be displayed starting in May.

Thank you in advance for your generous support and please mark your calendars so you can join us and your loved ones for this fun filled day.

A3-B3 Annual Wheel Barrel Raffle & 50/50 during the month of April. The drawing will be held on April 29th, 2011 at 2:00pm in the lobby. There will also be a food sale on that day.

***** Just a reminder that family and friends are always welcome and encouraged to accompany residents to any of the scheduled activity programs.**

MAY 6th - MAY 12th IS NATIONAL NURSES WEEK

Dear Family and Friends of Maplewood Residents -- We are looking at doing a wall of nurses -- past, present and future of our residents and staff. We would like to have pictures and a brief note (i.e. name of school and dates attended and employment history) about your loved one who was a professional nurse. Please contact Kerry Mincher, RN, in the nursing office with anything you would like to share. Kerry can be reached at (518)885-2288 ext. 4351.

BACK PATIO

With good weather right around the corner, the back patio will be opening soon. As always, residents and visitors are encouraged to enjoy this area. It is usually open 8:00 am to 8:00 pm daily. There are picnic tables, shade, sun, and coming soon -- flowers and a vegetable garden. This is a fenced in area, which ensures more safety for our residents than sitting out by the front entrance. **Any resident who can take themselves in and out of the handicap accessible door by the Activity office can utilize the back patio independently.** Residents are reminded to let their unit nurse know when they are going outside. For much of the time the patio is open, a staff member will be outside for those residents who cannot go out independently. At this time, the housekeeping staff has been instructed to check the weather daily and unlock the patio on nice days. If the door is locked and you would like to take your loved one outside, weather permitting, any staff member can call the housekeeping supervisor or utility worker to arrange for the door to be unlocked.

If you would like to take a loved one outside who is at high risk for wandering and elopement, please bring the loved one to the back patio area ONLY: it confuses these residents if we are not consistent with the locations where we bring them outside. Thank you for your assistance and cooperation.

SOCIAL WORK DEPARTMENT

The Social Work Department is available to address resident or family concerns. Our Social Workers and their office locations and phone numbers are as follows:

Name	Units responsible	Location of Office	Telephone Number
Erica O'Brien	Director of Social Work	End of main hall, across from elevators on 1 st floor	885-2288 ext. 4523
Kelly Lloyd	Sacandaga Hall (A1)	On unit across from A136	885-2288 ext. 4539
Laura Rabideau	Homestead Hall (B1)	On unit across from B114	885-2288 ext. 4359
Barbara Brower	Rivertown & Schuyler Halls (B2 and A2)	On A2 across from A209	885-2288 ext. 4567
Annie Moore	Jessups & Yaddo Halls (B3 and A3)	On third floor across from elevators	885-2288 ext. 2208

The Social Workers are generally in the building Monday through Friday 8:00 am-4:00 pm. They all have voice mail and detailed messages can be left for them at any time for any non-urgent issues by calling the main number (885-2288) and utilizing their extensions. We request that issues that are appropriate for the Social Workers be addressed directly to the Social Worker during their work hours or by voice mail and only urgent care issues be addressed with the nursing staff on the other shifts and weekends. Never hesitate to report urgent issues or care issues to the nursing staff on the unit or the nursing supervisors on any shift at any time. However, in an effort to manage staff's time, we request that non-urgent issues be addressed during the day shift with the Social Worker or Head Nurse as warranted.

FRONT AWNING

A family member of one of our residents is moving ahead with fundraising for an awning for the front of the building. For those of you who not aware, we have not been able to replace the awning, destroyed in a recent storm, as there isn't any money in the budget. If you are interested in assisting with this worthwhile project, please let your loved one's social worker know so that we can pass the information on.

PATIENT AGENT SHOPPING FOR RESIDENTS

As you know, we have a Patient Agent who is available to set up the telephone and cable TV service, order newspapers, coordinate Beautician appointments, order clothing from catalogs and shop for residents that have **no** family to shop for them. For those residents that have family locally, we ask that family members shop for the items requested by their loved ones. We can reimburse family members for any items purchased for which they have receipts (assuming that funds are available in the resident's personal trust account). Thank you for your assistance with shopping.

COMPUTER DONATIONS

The Hudson River Community Credit Union recently donated two computers and all the accessories to our facility. We were very excited to receive these computers as they will replace aging ones. The Hudson River Community Credit Union has five area branches: Corinth, Glens Falls, Hudson Falls, Troy, and Cohoes.

COMPUTER NEEDED FOR RESIDENTS' USE

Unfortunately, right after the Credit Union donated the computers to the facility, the computer that our residents use broke. It will be placed on their list for future donations they make to the community. However, in the meantime if anyone has a computer that would be able to support Skype and e-mail and would like to make a donation to the residents, please contact Laura Vigneau, Activities Director at 885-2288 ext. 4562. We would like to begin working with the residents on a regular basis with Skype and e-mail so that they can keep in touch with their families and friends.